

**THE BEST WEB SITES LINKED TO THE POLISH CONTRIBUTION OF LESSON PLANS  
AS EXAMPLES OF GOOD PRACTICE  
THEME: FINDING OUT CULTURAL DIVERSITY AND SIMILARITY IN YOUR POT.**

◆ **Easter**

<http://www.italya.net/feste/feste.htm> – descriptions of various Jewish festivals.  
Main language: Italian, Hebrew

<http://www.holidays.net/easter> It contains details of Easter Celebration. One may also find out the answer, why eggs symbolise Easter. Main language: English

<http://100links.supereva.it/speciali/pasqua/tradit.html> Traditions of celebrating Easter in Italy. Main language: Italian

<http://www.luth.se/luth/present/sweden/history/folklore/easter.html> – Easter in Sweden.  
Main language: English

<http://www.paques.com/histoire.htm> - How the French celebrate Easter,  
Main language: French

<http://www.paques.com/desserts.htm> – French recipes and Easter dishes.  
Main language: French

<http://www.easterbunnys.net/welcome.htm> - Celebrating Easter in the United States of America. Main language: English

<http://www.newadvent.org/cathen/05224d.htm> - Easter in catholic tradition. It is a well developed internet site in a form of encyclopedia. The descriptions of different rituals and festivities are arranged in alphabetical order. Main language: English

<http://100links.supereva.it/speciali/pasqua/storia.html> - WWW data base of religion and history. Main language: English

<http://www.rockies.net/~spirit/sermons/easter.html> - This site contains information on religious aspect of Easter. However, one can find some facts on secular celebrations of Easter. Main language: English

<http://www.geocities.com/Paris/LeftBank/3852/easter.html> – This site provides you with broad range of information on Easter: Easter customs, Easter greetings in many languages. You can also get to know why an egg became the symbol of Easter. Main language: English

◆ **Christmas**

<http://www.merry-christmas.com> - recipes, stories, music, movies, games.  
Main language: English

<http://www.algonet.se/~bernadot/christmas/calendar.html> - stories on festivals told by children from all over the world. The stories are presented in national languages and in English. Main language: English

<http://www.night.net/christmas> If you are looking for Christmas cards and invitations, this is a site for you! Some of the cards can be coloured by children. Main language: English

<http://www.kidsdomain.com/holiday/xmas> - the site contains various activities for children related to Christmas, such as pictures for colouring, crafts, word games, music activities, stories on line. Main language: English

<http://www.northpole.com> - Christmas games, Christmas carols, fairytales – to listen and to read. Very interesting site! Main language: English

<http://familygames.com/features/quizzes/xmasquiz.html> - Christmas quiz which allows you to test your knowledge on Christmas traditions. Main language: English

<http://www.realchristmastrees.org/types.html> - Lots of information on Christmas trees in different countries. If you have some further questions, you can send it to the National Christmas Association, whose address you'll find on the web. Main language: English

<http://www.polishworld.com/christmas> – Christmas traditions in Poland. On this site you can find information in English on Polish Christmas carols, the tradition of creche and many others. Main language: English

<http://www.victoriana.com/christmas/default.htm> - A Victorian Christmas. Main language: English

- **Christmas Plum Pudding**

<http://www.globalgourmet.com/food/egg/egg1296/plumpudg.html> christmas pudding recipe, one may also find out many other recipes on this site. Descriptions of certain holidays + dishes that are prepared in different regions of the world on these occasions, Main language: English

<http://www.victoriana.com/christmas/plum-99.htm> The content of the site concentrates on a Plum Pudding in the perspective of Victorian Christmas tradition, Main language: English

- ◆ **Mother's Day**

<http://www.holidays.net/mother> - Main language: English

<http://www.biography.com/features/mother/history.html> - Main language: English

<http://www.21stcenturyplaza.com/taste/mothers.html> - Main language: English

<http://www.atozteacherstuff.com/themes/mothersday.shtml> - the site contains ideas for hand-made gifts for Mother's day. It can be used by primary school teachers. Main language: English

- ◆ **International women's day**

<http://womenshistory.about.com/library/weekly/aa020506a.htm>

<http://www.un.org/ecosocdev/geninfo/women/womday97.htm> - this site explains what were the origins of women's day. Main language: English

<http://www0.un.org/cyberschoolbus/womensday/index.asp> - All what you would like to know about the Women's Day, teacher's guide (on-line resources). Main language: English

◆ **Food related sites**

<http://webexhibits.org/butter/> - It includes information on the history of butter production (ingredients, manufacture, storage). You can also learn how to make butter at home - you just have to follow the recipe with illustrations. Main language: English

<http://www.culinaryposters.com/html/fruitartandposters.html> - You can admire and order food posters, food art, culinary posters, culinary art, kitchen art and restaurant. Some of them can serve as teaching material in primary school. Main language: English

<http://escoffier.com/> - The Web Portal for Chefs and Food Professionals. This web page can be interesting for amateur cuisiniers but also for chefs. You can also find information on James Beard Dinners - the father of American gastronomy. The food lovers can also take a look at the pictures in the photogallery, showing the prized arts of cuisine! Main language: English

<http://www.my-sushi-chef.com/> For the amateurs of Sushi: you can learn about the basic ingredients of sushi cuisine and how to prepare sushi on your own. The web also contains a glossary of terms related to sushi. Main language: English

<http://www.recipes4us.co.uk/> - A great culinary site, with excellent contributors. Hubmaster David publishes some of my articles and recipes on his website. An excellent Quality site. The same browser offers plenty of links containing food issues. <http://www.hub-uk.com/pages/foodlink.htm> Main language: English

<http://www.vanilla.com/> - this site informs about vanilla properties, recipes, legends. socially-conscious project designed to educate people in developed countries about the tropical foods they use every day. Main language: English

<http://www-2.cs.cmu.edu/People/rgs/alice-VII.html>

<http://www.teatrail.co.uk/tt/index.html> - Levis Carroll - "Alice's adventures in wonderland", illustrated by Sir John Tenniel - Chapter 7: A Mad Tea - Party; Chapter X: The lobster-Quadrille, a song "Turtle soup". Main language: English

<http://www.stashtea.com/#index> - Useful information about tea. History of tea, types of tea, recipes. Main language: English

<http://rmc.library.cornell.edu/food/default.htm> American Culinary heritage, American culinary taste, american culinary books, the elegant table Main language: English

[http://rmc.library.cornell.edu/food/early\\_cookbooks/German\\_Cookery\\_Book.htm](http://rmc.library.cornell.edu/food/early_cookbooks/German_Cookery_Book.htm) - image of an old German culinary book it is possible to click on discription Main language: English

• **Recipes for various kinds of bread**

<http://www.recipesource.com/baked-goods> - Main language: English

<http://www.breadrecipe.com/default.asp> - Main language: English

<http://www.breadworldcanada.com> - Main language: English

<http://www-2.cs.cmu.edu/~mjw/recipes/bread> - Main language: English

<http://www.geocities.com/NapaValley/Cellar/9964> - Main language: Italian

[http://www.alfemminile.com/\\_il\\_pane\\_121.html](http://www.alfemminile.com/_il_pane_121.html) - recipes, photographs of dishes, one may also search for particular recipe. Main language: Italian

<http://cucina.intrage.it/pane/pane> - Main language: Italian

<http://www.gennarino.org/pane.htm> - pizza and bread Main language: Italian

<http://www.magazine.it/gastronomia/piadina.htm> - piadina different methods of baking piadina Main language: Italian

<http://dinnercoop.cs.cmu.edu/dinnercoop/Recipes/jody/Focaccia.html> - focaccia Main language: English

[http://www.e-rcps.com/pasta/breads/focaccia\\_lig.shtml](http://www.e-rcps.com/pasta/breads/focaccia_lig.shtml) (UK) - focaccia, pasta, and other dishes Main language: English

- **Crepes**

<http://www.globalgourmet.com/food/egg/egg1296/crepes.html> - Main language: English

<http://www.ffcook.com/pages/mocreps.htm> images Main language: English

[http://www.recipesource.com/cgi-bin/search?search\\_string=crepes&filter=off&dir=.%2Fbaked-goods&imageField.x=23&imageField.y=18](http://www.recipesource.com/cgi-bin/search?search_string=crepes&filter=off&dir=.%2Fbaked-goods&imageField.x=23&imageField.y=18) Main language: English

- ◆ **Visual Arts**

<http://webart.omikron.com.pl/index.htm> - This site presents the Polish Art of Painting. There is an alphabetical menu on the site, which allows to find out more about a chosen artist. In addition, each site contains useful bibliography, easily navigable; three links at the bottom of each site: main page, bottom which allows to go back to the previous page, as well as bibliography link. On this site basic facts of Chelmonski's life can be found. As far as art is concerned, his basic artistic ideas are also mentioned. It is also possible to take a look at a few examples of masterpieces painted by Chelmonski. **Main language: Polish**

Examples of painters:

[http://webart.omikron.com.pl/PAINT/AUTHORS/CHEL\\_JO/index.htm](http://webart.omikron.com.pl/PAINT/AUTHORS/CHEL_JO/index.htm) - (PL), Chelmonski Józef - "Orka", 1896, Muzeum Narodowe, Poznań - Polish biographic note on J Chelmonski (Polish 19 century painter) with some few of his most famous works. His favourite themes were landscapes of the nature and daily life of peasants. **Main language: Polish**

[http://webart.omikron.com.pl/PAINT/AUTHORS/WYSP\\_ST/index.htm](http://webart.omikron.com.pl/PAINT/AUTHORS/WYSP_ST/index.htm) - biographic note on Stanislaw Wyspianski and his most famous works. Among them, the painting 'Motherhood' (Macierzynstwo'). He is one of the pioneers of a new period in the Polish art of painting called 'Young Poland' (19 and early 20 century). Main language: Polish

[http://webart.omikron.com.pl/PAINT/AUTHORS/WYSP\\_ST/WySpSt6.jpg](http://webart.omikron.com.pl/PAINT/AUTHORS/WYSP_ST/WySpSt6.jpg) at the following internet site one may take a look at the masterpiece painted by Stanisław Wyspiański "Motherhood". Main language: Polish

<http://rijksmuseum.nl/asp/framuk.asp?name=/uk/collectie/meesterwerken.htm> - virtual exhibition of the on the Dutch Art. You can make a virtual tour to the National Museum (Rijksmuseum) in Amsterdam. Among the pieces of work you can find some most famous painting by Johannes Vermeer (e.g "The Kitchen Maid"). Each art work is accompanied with a short comment on the painting or sculpture. The menu contains such themes as: arts and artists, mythology and religion, people and society. In addition, by choosing a certain category one may observe, how a particular topic was depicted by various artists. Besides this internet site is easily navigable due to the links positioned at the top of the page. One may easily find out about the collection of the Museum's library, or educational programmes directed to teachers. Main languages: English and Dutch

<http://www.nationalgallery.org.uk/home/siteindex.htm> -this site will take you on a virtual trip to the the National Gallery in London. You can discover art of Bosch, Bruegel, El Greco, Caravaggio or Raphael. It's a real history lesson on European Art! Main languages: English, French, Italian, Spanish, German, Russian, Japanese.

Examples of masterpieces:

<http://www.nationalgallery.org.uk/cgi-bin/WebObjects.dll/CollectionPublisher.woa/wa/loadApplet?workNumber=NG172&collectionSection=work> - if you have a look at the work of Michelangelo Caravaggio - The Supper at Emmaus, 1601, you can have display the details of the painting by clicking on fragments. You can also see a short comment on the painting by clicking back to entry.

<http://www.nga.gov/> - National Gallery of Art, Washington, An entry site of the National Museum of Art in Washington D.C. consists of different links. It seems important to mention NGA kids link which leads to site designed especially for children. Parents can find an entry to the so called family workshops. The special link for 'Kids' will offers an introduction to art for the youngest art amateurs. Languages: English, French, German, Italian, Spanish

Examples of art works:

<http://www.nga.gov/collection/gallery/gg33/gg33-303.0.html> - Pensionante del Saraceni, - *Still Life with Fruit and Carafe*, c. 1610/1620, Samuel H. Kress Collection. Still Life with Fruit and Carafe from the National Art Gallery with a short comment in English. Main language: English

<http://www.nga.gov/collection/gallery/gg90/gg90-46144.0.html> - Edouard Manet, *Oysters*, 1862, Gift of the Adele R. Levy Fund,- An early work by Edouard Manet titled 'Oysters' with a short description in English. Main language: English

<http://www.louvre.fr> - Official site. History, collections, virtual tour, schedule of all the events taking place at the museum. Main language: English, French, Spanish, Chinese

Example of works:

[http://cartelfr.louvre.fr/cartelfr/visite?srv=car\\_not\\_frame&idNotice=10867](http://cartelfr.louvre.fr/cartelfr/visite?srv=car_not_frame&idNotice=10867) - Jean-Siméon CHARDIN, "Ustensiles de cuisine, chaudron, poëlon et oeufs" basic facts about an artist, there is a possibility explore details of the painting.