


**Self- identity**  
**what characterizes myself (name, gender)**

Identity is a very controversial question. Probably identity is the best story that we like to narrate about us (and that we want the others narrate about us).

There are in any case some aspects of our identity that are objectives: name, gender, birth-date, birthplace, etc.

This lesson propose a way for reconstructing this aspects of identity in classroom.

Objectives	Content - lesson development	Materials
<p><b>Reconstruct one's own name story</b></p>	<p style="text-align: center;">Name: origin and meaning</p> <p>The teacher dictate to pupils some questions to ask the parents:            -Why my name is...?            -Who chose my Name?</p> <p>The students record parents' answers            The teacher record different stories.            The students listen the different stories recorded.            From stories emerge the diversity and relations born inside the group</p> <p><b>Examples</b></p> <p style="text-align: center; color: red;">WHO AM I?</p> <div style="text-align: center;">  </div> <p>My name is Alessia . My mother and my father so arranged: if I was a girl my father would choose my name but if I was a boy my mother would. When I was born they agreed with it and here I am.:Alessia !</p>	<p>Tape-recorder            Cardboard, pencil, pens,            paper, photos</p>



My name is Ann because I was in an Institute, I was some days old when Nun Sofia called me Ann. My parents maintained this name because she was very good to me.

**Becoming aware of one's own gender identity**

**Examples**

**MALE OR FEMALE?**



I am a female . Mum and dad didn't know it before my birth because I was adopted.  
I am a male. Mum and dad knew it before my birth ( by ultra-sound scan). So they prepared a blue baby's outfit.

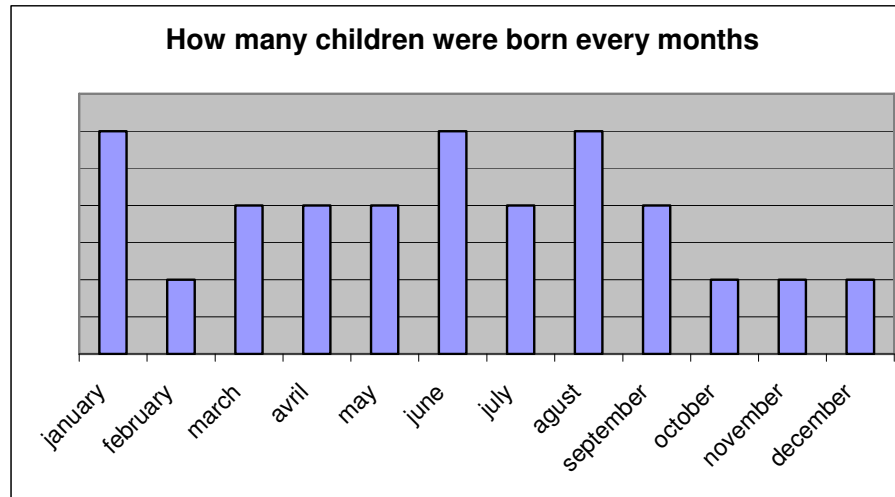
## HOW WAS MY BIRTH ANNOUNCED?



I was born on the 27th April 1993.  
My birth was announced in the newspaper  
In hospital they put on me a wrist-bracelet, like my mother's, with the same number.  
I was 49 cm long, I weighed 3 kg. About.  
They put a romper suit on me. At home my father hung up a huge pink knot. After three months we celebrated all together with grandparents, uncles and aunts  
That day I was baptized in the Church.

<p><b>Becoming aware of the passing of time</b></p>	<p>Birth date, birth certificate, official document</p> <p>Teacher Ask a question: How can I know certainly my birth date, always and everywhere? The Student discuss about this question.</p> <p>The teacher organize a visit to the registry office and document request</p> <p>Using documents the teacher ask to students: What is the information that the documents give us?</p> <p>Example of information:</p> <p>Who certificate: The Town Council What certificate: my birth When I birth: the ... Where I birth: In ...</p> <p>The students Reads and analyses their own certificate and discuss about in workgroup. Find out they have different birth date and birthplaces.</p> <p>Teacher and students browse the calendar and classify their birth dates</p> <p>The students realize month histograms, represents year's months and learn.</p>	<p>Cardboard, pencil, pens, paper, drawing tools</p> <p>Birth certificate, birth register certificate</p> <p>Calendar</p>
-----------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------

## I and my mates



Teacher suggest to read a nursery rhyme

### **The months' Nursery rhyme**

Thirty days counts November  
With April, June and September,  
of twenty-one there is one,  
all the rest have thirty-one.

Teacher suggest to create an histogram about the number of days in any month

The teacher asks: When start the student History?

Example  
MY FIRST YEAR OF LIFE

I was born on the 27<sup>th</sup> April 1993, on Tuesday, at 1.46.  
When I was born, in hospital, they put a bracelet on me, like my mother's.  
I weighed 3.150 kg. And I was 51cm.long.  
They dressed me with napkins, a baby's shirt and the hospital breeches.  
I was happy when the nurses brought me to my mother.  
I went home after three days. Dad put a huge pink knot on the entrance door.  
I used to cry when I was hungry. I used to wake twice at night to suck mum's milk. Mum used to feed me five times a day. I used my dummy until I was one and a half years old. My first little tooth grew at seven months. I said my first little words at nine months and they were "ta-ta" then "mum" and "dad".  
I started to walk when I was 14 months old.

MY BIRTHDAY

The birthday  
Birthdays are the tolling of  
A bell that marks the coming of  
A time of festive joy and love,  
A time to treasure life and love.  
So come and celebrate with me  
The circumstance that makes me, me:  
The moment when I came to be,  
And what I now have come to be.